

Aaron J. Blashill, Ph.D.

San Diego State University
 Department of Psychology
 6363 Alvarado Court, Suite 103
 San Diego, CA 92120
 aaron.blashill@sdsu.edu

EDUCATION

Post-doctoral Fellowship	July 2011-November 2012
Massachusetts General Hospital	
Harvard Medical School	
Department of Psychiatry	
Behavioral Medicine	
Boston, MA	

Ph.D., Clinical Psychology	August 2007-June 2011
Saint Louis University (APA accredited)	
St. Louis, MO	

Pre-doctoral Internship	July 2010-June 2011
Clinical Fellow in Psychology	
Massachusetts General Hospital (APA accredited)	
Harvard Medical School	
Department of Psychiatry	
Behavioral Medicine	
Boston, MA	

M.S., Clinical Psychology	August 2005-August 2007
Saint Louis University	
St. Louis, MO	
Graduated with Distinction	

B.S., Psychology	August 2002-August 2005
Central Michigan University	
Mount Pleasant, MI	
Graduated Magna Cum Laude	

INSTITUTIONAL APPOINTMENTS

San Diego State University	July 2015-Current
Assistant Professor	
Department of Psychology	
San Diego, CA	

SDSU/UCSD Joint Doctoral Program
in Clinical Psychology
Assistant Professor
Behavioral Medicine Track
San Diego, CA

July 2015-Current

Massachusetts General Hospital
Staff Psychologist
Department of Psychiatry
Behavioral Medicine
Boston, MA

November 2012-July 2015

Harvard Medical School
Assistant Professor in Psychology
Department of Psychiatry
Boston, MA

May 2015-July 2015

Harvard Medical School
Instructor in Psychology
Department of Psychiatry
Boston, MA

November 2012-May 2015

The Fenway Institute
Affiliated Investigator
Behavioral Science
Fenway Health
Boston, MA

September 2012-July 2015

PROFESSIONAL LICENSURE

Licensed Psychologist
Health Service Provider
Massachusetts
License # 9591

September 2012-Present

CURRENT GRANTS

NIMH K23MH096647

P.I. Aaron J. Blashill

Body image and self-care in HIV-infected MSM

San Diego State University, San Diego, CA & Fenway Health, Boston, MA

- Total costs = \$852,357
- July 2012-June 2017

PAST GRANTS

NIAID P30AI060354

Harvard University Center for AIDS Research Scholar Award

P.I. **Aaron J. Blashill**

Body dissatisfaction, depression, and HIV self-care among MSM

Massachusetts General Hospital/Harvard Medical School & Fenway Health, Boston, MA

- Total costs = \$83,810
- October 2011-June 2013

NIMH R01MH084757

P.I. Steven Safren

Efficacy of CBT for adherence and depression in HIV care settings

Massachusetts General Hospital/Harvard Medical School & Fenway Health, Boston, MA

- Duties: **Protocol therapist and independent assessor**
- July 2010-June 2012

MANUSCRIPTS PUBLISHED/IN PRESS

* denotes mentee

47. *Ehlinger, P. P., & **Blashill, A. J.** (in press). Self-perceived vs. actual attractiveness: Associations with depression as a function of sexual orientation. *Journal of Affective Disorders*.
46. **Blashill, A. J.** & Pagoto, S. (in press). Skin cancer risk in gay and bisexual men: A call to action. *JAMA Dermatology*.
45. **Blashill, A. J.**, *Jampel, J. D., & Safren, S. A. (in press). Sexual risk behaviors and steroid use among sexual minority adolescent boys. *Drug & Alcohol Dependence*.
44. Koethe, J. R., Jenkins, C. A., Lau, B., Shepherd, B. E., Silverberg, M. J., Brown, T. T., **Blashill, A. J.**, Anema, A., Willig, A., Stinnette, S., Napravnik, S., Gill, J., Crane, H. M., and the North American AIDS Cohort Collaboration on Research and Design (NA-ACCORD). (in press). Body mass index and early CD4 T-cell recovery among adults initiating antiretroviral therapy in North America, 1988-2010. *HIV Medicine*.
43. Safren, S. A., Perry N. S., **Blashill, A. J.**, O'Cleirigh, C. O., & Mayer, K. H. (in press). The cost and intensity of behavioral interventions to promote HIV treatment for prevention among HIV-positive MSM. *Archives of Sexual Behavior*.
42. Newcomb, M. E., Bedoya, C. A., **Blashill, A. J.**, Lerner, J. A., O'Cleirigh, C., Pinkston, M. M., & Safren, S. A. (in press). Description and demonstration of cognitive behavioral therapy for adherence and depression (CBT-AD) in HIV-infected adults. *Cognitive & Behavioral Practice*.

41. *Jampel, J. D., Safren, S. A., & **Blashill, A. J.** (in press). Muscularity disturbance and methamphetamine use among HIV-infected men who have sex with men. *Psychology of Men & Masculinity*.
40. **Blashill, A. J.**, *Ehlinger, P. P., Mayer, K. H., & Safren, S. A. (2015). Optimizing adherence to pre- and post-exposure prophylaxis: The need for an integrated biobehavioral approach. *Clinical Infectious Diseases*, 60 (Suppl 3), S187-S190.
39. **Blashill, A. J.** & Safren, S. A. (2015). Body dissatisfaction and condom use self-efficacy: A meta-analysis. *Body Image*, 12, 73-77.
38. **Blashill, A. J.**, Bedoya, C. A., Mayer, K. H., O'Cleirigh, C. O., Pinkston, M., *Remmert, J. E., Mimiaga, M. J., & Safren, S. A. (2015). Psychosocial syndemics are additively associated with worse ART adherence in HIV-infected individuals. *AIDS & Behavior*, 19, 981-986.
37. *Magidson, J. F., **Blashill, A. J.**, Safren, S. A., & Wagner, G. J. (2015). Depressive symptoms, lifestyle structure, and ART adherence among HIV-infected individuals: A longitudinal mediation analysis. *AIDS & Behavior*, 19, 34-40.
36. **Blashill, A. J.**, Williams, A., Grogan, S., & Clark-Carter, D. (2015). Negative appearance evaluation is associated with skin cancer risk behaviors among American men and women. *Health Psychology*, 34, 93-96.
35. *Zhang, C., **Blashill, A. J.**, O'Neil, J., Wester, S., Vogel, D., Wei, D., & Zhang, J. (2015). Factor structure of the Gender Role Conflict Scale Short Form (GRCS-SF) in Chinese heterosexual and gay men. *Psychology of Men & Masculinity*, 16, 229-233.
34. **Blashill, A. J.**, & Wilhelm, S. (2014). Body image distortions, weight, and depression in adolescent boys: Longitudinal trajectories into adulthood. *Psychology of Men & Masculinity*, 15, 445-451.
33. **Blashill, A. J.**, & Safren, S.A. (2014). Skin cancer risk behaviors among U.S. men: The role of sexual orientation. *American Journal of Public Health*, 104, 1640-1641.
32. **Blashill, A. J.**, *Goshe, B. M., Robbins, G., Mayer, K. H., & Safren, S. A. (2014). Body image disturbance and health behaviors among sexual minority men living with HIV. *Health Psychology*, 33, 677-680.
31. *Wilner, J. G., Vranceanu, A., & **Blashill, A. J.** (2014). Neuroticism prospectively predicts pain among adolescents: Results from a nationally representative sample. *Journal of Psychosomatic Research*, 77, 474-476.
30. *Magidson, J. F., **Blashill, A. J.**, Wall, M. M., Balan, I. C., Wang, S., Lejuez, C. W., & Blanco, C. (2014). Relationship between psychiatric disorders and sexually transmitted diseases in a nationally representative sample. *Journal of Psychosomatic Research*, 76, 322-328.

29. **Blashill, A. J., & Safren, S. A. (2014).** Sexual orientation and anabolic-androgenic steroids in U.S. adolescent boys. *Pediatrics*, *133*, 469-475.
28. Safren, S. A., Gonzalez, J. S., Wexler, D. J., Psaros, C., Delahanty, L. M., **Blashill, A. J.**, Margolina, A. I., & Cagliero, E. (2014). A randomized controlled trial of cognitive behavioral therapy for adherence and depression (CBT-AD) in patients with uncontrolled type 2 diabetes. *Diabetes Care*, *37*, 625-633.
27. **Blashill, A. J.**, *Wilson, J. M., *Baker, J. S., Mayer, K. H., & Safren, S. A. (2014). Assessing appearance-related disturbances in HIV-infected men who have sex with men (MSM): Psychometrics of the Body Change and Distress Questionnaire—Short Form (ABCD-SF). *AIDS & Behavior*, *18*, 1075-1084.
26. **Blashill, A. J.**, *Wilson, J. M., O’Cleirigh, C. M., Mayer, K. H., & Safren, S. A. (2014). Examining the correspondence between relationship identity and actual sexual risk behavior among HIV-positive men who have sex with men. *Archives of Sexual Behavior*, *43*, 129-137.
25. **Blashill, A. J.**, Mayer, K. H., Crane, H. M., *Baker, J. S., Willig, J. H., Willig, A. L., Grasso, C., O’Cleirigh, C., & Safren, S. A. (2014). Body mass index, depression, and condom use among HIV-infected men who have sex with men: A longitudinal moderation analysis. *Archives of Sexual Behavior*, *43*, 729-734.
24. **Blashill, A. J. (2014).** A dual pathway model of steroid use among adolescent boys: Results from a nationally representative sample. *Psychology of Men & Masculinity*, *15*, 229-233.
23. **Blashill, A. J.**, *Gordon, J. R., & Safren, S. A. (2014). Anabolic-androgenic steroids and condom use: Potential mechanisms in adolescent males. *Journal of Sex Research*, *51*, 690-695.
22. **Blashill, A. J.**, *Gordon, J. R., & Safren, S. A. (2014). Depression longitudinally mediates the association of appearance concerns to ART non-adherence in HIV-infected individuals with a history of injection drug use. *Journal of Behavioral Medicine*, *37*, 166-172.
21. **Blashill, A. J.**, Mayer, K. H., Crane, H. M., Grasso, C., & Safren, S. A. (2013). Body mass index, immune status and virological control in HIV-infected men who have sex with men. *Journal of the International Association of Providers of AIDS Care*, *12*, 319-324.
20. **Blashill, A. J.**, & Traeger, L. N. (2013). Indoor tanning use among adolescent males: The role of perceived weight and bullying. *Annals of Behavioral Medicine*, *46*, 232-236.
19. **Blashill, A. J.**, Mayer, K. H., Crane, H., *Magidson, J. F., Grasso, C., Mathews, W. C., Saag, M. S., & Safren, S. A. (2013). Physical activity and health outcomes among HIV-infected MSM: A longitudinal mediational analysis. *Annals of Behavioral Medicine*, *46*, 149-156.

18. **Blashill, A. J.** (2013). Psychosocial correlates of frequent indoor tanning among adolescent boys. *Body Image, 10*, 259-262.
17. **Blashill, A. J.**, O'Cleirigh, C., Mayer, K. H., *Goshe, B. M., & Safren, S. A. (2012). Body mass index, depression and sexual transmission risk behaviors among HIV-positive MSM. *AIDS & Behavior, 16*, 2251-2256.
16. **Blashill, A. J.**, & Powlishta, K. K. (2012). Effects of gender-related domain violations and sexual orientation on perceptions of male and female targets: An analogue study. *Archives of Sexual Behavior, 41*, 1293-1302.
15. **Blashill, A. J.**, *Gordon, J. R., & Safren, S. A. (2012). Appearance concerns and psychological distress among HIV-infected individuals with injection drug use histories: Prospective analyses. *AIDS Patient Care & STDs, 26*, 557-561.
14. Coleman, S. M., **Blashill, A. J.**, Gandhi, R. T., Safren, S. A., & Freudenreich, O. (2012). Impact of integrated and measurement-based depression care: Clinical experience in an HIV clinic. *Psychosomatics, 53*, 51-57.
13. **Blashill, A. J.**, *Perry, N., & Safren, S. A. (2011). Mental health: A focus on stress, coping, and mental illness as it relates to treatment retention, adherence, and other health outcomes. *Current HIV/AIDS Reports, 8*, 215-222.
12. Safren, S. A., **Blashill, A. J.**, & O'Cleirigh, C. (2011). Promoting the sexual health of MSM in the context of comorbid mental health problems. *AIDS & Behavior, 15*, 30-34.
11. **Blashill, A. J.**, & Vander Wal, J. S. (2011). Components of body image in gay men with HIV/AIDS. *American Journal of Men's Health, 5*, 6-10.
10. **Blashill, A. J.** (2011). Gender roles, eating pathology, and body dissatisfaction in men: A meta-analysis. *Body Image, 8*, 1-11.
9. Vander Wal, J. S., Stein, R. I., & **Blashill, A. J.** (2011). The EDE-Q, BULIT-R, and BEDT as self-report measures of binge eating disorder. *Eating Behaviors, 12*, 267-271.
8. **Blashill, A. J.** (2010). Elements of male body image: Prediction of depression, eating pathology and social sensitivity among gay men. *Body Image, 7*, 310-316.
7. **Blashill, A. J.**, & Vander Wal, J. S. (2010). The role of body image dissatisfaction and depression on HAART adherence in HIV positive men: Tests of mediation models. *AIDS & Behavior, 14*, 280-288.
6. **Blashill, A. J.**, & Vander Wal, J. S. (2010). Gender role conflict as a mediator in the relationship between social sensitivity and depression in a sample of gay men. *International Journal of Men's Health, 9*, 26-39.

5. **Blashill, A. J.**, & Vander Wal, J. S. (2009). The Male Body Attitudes Scale: A confirmatory factor analysis with a sample of gay men. *Body Image*, 6, 322-325.
4. **Blashill, A. J.**, & Vander Wal, J. S. (2009). Mediation of gender role conflict and eating pathology in gay men. *Psychology of Men & Masculinity*, 10, 204-217.
3. **Blashill, A. J.**, & Powlishta, K. K. (2009). The impact of sexual orientation and gender role on evaluations of men. *Psychology of Men & Masculinity*, 10, 160-173.
2. **Blashill, A. J.**, & Powlishta, K. K. (2009). Gay stereotypes: The use of sexual orientation as a cue for gender related attributes. *Sex Roles*, 61, 783-793.
1. **Blashill, A. J.**, & Hughes, H. M. (2009). Gender role and gender role conflict: Preliminary considerations for psychotherapy with gay men. *Journal of Gay & Lesbian Mental Health*, 13, 170-186.

BOOK CHAPTERS

5. Greenberg, J. L., **Blashill, A. J.**, Ragan, J., & Wilhelm, S. (in press). CBT for Body Dysmorphic Disorder. In S. Wilhelm, S. Sprich, & T. Petersen (Eds.), *The Massachusetts General Hospital Handbook of Cognitive Behavioral Therapy*. New York, NY: Springer.
4. **Blashill, A. J.**, Lassiter, J., *Wilson, J. M., Safren, S. A., & Parsons, J. T. (2014). Mental Health and Substance Use in the Scale-Up of HIV Prevention. In S. Kalichman & L. Eaton (Eds.), *Biomedical Advances in HIV Prevention: Social and Behavioral Perspectives*. New York, NY: Springer.
3. **Blashill, A. J.**, *Gordon, J. R., Mimiaga, M. J., & Safren, S. A. (2014). HIV/AIDS and Depression. In S. Richards & M. O'Hara (Eds.), *The Oxford Handbook of Depression and Comorbidity*. New York, NY: Oxford University Press.
2. Hartmann, A. S., **Blashill, A. J.**, Greenberg, J. L., & Wilhelm, S. (2014). Body Dysmorphic Disorder. In D. McKay & E. Storch (Eds.), *Obsessive Compulsive Disorder and its Spectrum across the Lifespan*. Washington, DC: American Psychiatric Association.
1. Rasmussen, J., **Blashill, A. J.**, Greenberg, J., & Wilhelm, S. (2013). Body Dysmorphic Disorder. In S. Hofmann & J. Smits (Eds.), Volume 3: *The Wiley Handbook of Cognitive Behavioral Therapy*. Hoboken, NJ: John Wiley & Sons, Ltd.

INVITED PRESENTATIONS

3. **Blashill, A. J.**, & Safren, S. A. (2014, February). Anabolic-Androgenic Steroid Misuse among Sexual Minority Boys: Prevalence and Implications for Sexual Health. *Oral presentation at the 2nd Annual Gay Men's Sexual Health Conference, San Juan, Puerto Rico.*
2. **Blashill, A. J.** (2013, November). *Exercise and Well-Being among People Living with HIV.* Plenary panel at the Ontario HIV Treatment Network Research Conference, Toronto, ON.

1. **Blashill, A. J.** (2013, November). *Reducing Negative Body Image among People Living with HIV*. Challenge panel at the Ontario HIV Treatment Network Research Conference, Toronto, ON.

SELECTED PROFESSIONAL PRESENTATIONS

20. Wilner, J. G., Vranceanu, A., & **Blashill, A. J.** (2014, November). *Neuroticism Prospectively Predicts Pain among Adolescents: Results from a Nationally Representative Sample*. Poster presentation at the Association for Behavioral and Cognitive Therapies 48th Annual Convention, Philadelphia, PA.
19. Jampel, J. D. & **Blashill, A. J.** (2014, November). *Self-Perceived Weight and Anabolic Steroid Use among U.S. Adolescent Boys*. Poster presentation at the Association for Behavioral and Cognitive Therapies 48th Annual Convention, Philadelphia, PA.
18. **Blashill, A. J.**, & Safren, S. A. (2013, November). *Body Image Disturbance, Condom Use Self-Efficacy, and HIV Sexual Transmission Risk Behaviors among HIV-Infected Gay and Bisexual Men*. Oral presentation at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN.
17. **Blashill, A. J.**, Gordon, J. M., & Safren, S. A. (2013, November). *Depression Longitudinally Mediates Appearance Concerns with Antiretroviral Therapy Nonadherence in HIV-Infected Individuals*. Oral presentation at the Association for Behavioral and Cognitive Therapies 47th Annual Convention, Nashville, TN.
16. Safren, S. A., **Blashill, A. J.**, Lerner, J., O'Cleirigh, C., Pinkston, M., Bedoya, A.,... Mimiaga, M. (2013, June). *Higher Levels of Psychosocial Syndemics Associated with Non-Adherence in HIV-Positive Individuals screening for a Depression Treatment Trial*. Poster presentation at the 8th International Conference on HIV Treatment and Prevention Adherence, Miami, FL.
15. **Blashill, A. J.**, Mayer, K. H., Crane, H. M., & Safren, S. A. (2013, June). *Physical Activity and Health Outcomes among HIV-Infected MSM: A Longitudinal Mediation Analysis*. Poster presentation at the 8th International Conference on HIV Treatment and Prevention Adherence, Miami, FL.
14. **Blashill, A. J.**, & Safren, S. A. (2013, June). *Appearance Concerns, Depression and ART Non-Adherence in HIV-Infected Individuals with a History of Injection Drug Use: Prospective Analyses*. Poster presentation at the 8th International Conference on HIV Treatment and Prevention Adherence, Miami, FL.
13. **Blashill, A. J.**, Mayer, K. H., Crane, H., & Safren, S. A. (2012, November). *Body Mass Index, Depression, and Sexual Risk among HIV-infected Men who have Sex with Men: A Longitudinal Moderation Analysis*. Oral presentation at the Association for Behavioral and Cognitive Therapies 46th Annual Convention, National Harbor, MD.

12. **Blashill, A. J.**, O’Cleirigh, C., Mayer, K. H., & Safren, S. A. (2011, November). *A Randomized Controlled Trial of an Integrated HIV-Prevention Intervention for HIV-Infected MSM: Acute Depression Outcomes*. Poster presented at the Association for Behavioral and Cognitive Therapies 45th Annual Convention, Toronto, ON.
11. Goshe, B. M., O’Cleirigh, C., Shipherd, J. C., **Blashill, A. J.**, Taylor, S. W., & Safren, S. A. (2011, November). *The Impact of a Cognitive Behavioral Intervention (Project THRIVE) on Condom Use Self-Efficacy among MSM with a History of Childhood Sexual Abuse*. Poster presented at the Association for Behavioral and Cognitive Therapies 45th Annual Convention, Toronto, ON.
10. **Blashill, A. J.**, O’Cleirigh, C., Mayer, K. H., Goshe, B., & Safren, S. A. (2011, April). *The Moderating Role of BMI on the Relationship between Depression and Sexual Risk Behaviors among HIV-Infected MSM*. Poster presented at the Society of Behavioral Medicine’s 32nd Annual Meeting and Scientific Sessions, Washington DC.
9. **Blashill, A. J.** (2010, October). *The Relationship of Body Image Disturbance and Depression to HAART Adherence and Sexual Transmission Risk among MSM: A Proposal*. Poster presented at the 5th National Social and Behavioral Sciences Research Network Scientific Meeting, Atlanta, GA.
8. Vander Wal, J. S., **Blashill, A. J.**, & Stein, R. I. (2010, October). *Screening for Binge Eating Disorder: The Utility of the EDE-Q, BULIT-R, and BEDT*. Poster presented at the Obesity Society’s 2010 Annual Scientific Meeting, San Diego, CA.
7. Powlishta, K., Watterson, E., **Blashill, A.**, Kinnucan, C., & Sanborn, U. (2010, April). *Stereotyped physical or appearance-related characteristics: Creating a measure assessing attitudes and self-descriptions*. Poster presented at the Gender Development Research Conference, San Francisco, CA.
6. **Blashill, A. J.**, & Vander Wal, J. S. (2009, November). *Mediation of gender role conflict and eating pathology in gay men*. Poster presented at the Association for Behavioral and Cognitive Therapies 43rd Annual Convention, New York, NY.
5. Watterson, E. S., Powlishta, K. K., **Blashill, A. J.**, & Kinnucan, C. (2009, April). *Children’s self-ratings and gender-stereotyped attitudes for masculine and feminine physical or appearance-related characteristics*. Poster presented at the Society for Research in Child Development Biannual Meeting, Denver, CO.
4. **Blashill, A. J.**, & Hughes, H. M. (2008, November). *Gender role and gender role conflict: Implications for counseling with gay men*. Poster presented at the Association for Behavioral and Cognitive Therapies 42nd Annual Convention, Orlando, FL.
3. **Blashill, A. J.**, & Powlishta, K. K. (2008, May). *Sexual orientation and gender role: Independent sources of negative evaluations of men*. Poster presented at the Association for Psychological Science 20th Annual Convention, Chicago, IL.

2. **Blashill, A. J.**, Powlishta, K. K., & Galligan, K. (2008, May). *Gay stereotypes: Partial support for inversion theory*. Poster presented at the Association for Psychological Science 20th Annual Convention, Chicago, IL.
1. Powlishta, K., Watterson, E., **Blashill, A.**, & Kinnucan, C. (2008, April). *Physical or appearance-related gender stereotypes*. Poster presented at the Gender Development Research Conference, San Francisco, CA.

CLINICAL EXPERIENCE

Outpatient Psychiatry, Massachusetts General Hospital, Boston, MA

- **Clinical Fellow** (July 2010-November 2012)
- **Staff Psychologist** (November 2012-June 2015)
- Supervisors: Michelle Jacobo, Ph.D., Bob Knauz, Ph.D., Joseph Greer, Ph.D., Conall O'Cleirigh, Ph.D., Jennifer Ragan, Ph.D.
- Duties: Conducting evaluations and individual therapy at the CBT Clinic and Behavioral Medicine Service for psychiatric diagnoses and/or difficulties managing chronic illness. Co-led DBT skills group for borderline personality disorder.

Weight Center, Massachusetts General Hospital, Boston, MA

- **Clinical Fellow** (January 2011-June 2011)
- Supervisor: Stephanie Sogg, Ph.D.
- Duties: Conducting evaluations with individuals presenting for obesity treatment. Provided brief individual CBT for emotional pathology.

Acute Psychiatry Service, Massachusetts General Hospital, Boston, MA

- **Clinical Fellow** (July 2010-January 2011)
- Supervisors: Michelle Jacobo, Ph.D., Laura Prager, M.D.
- Duties: Conducted evaluations, risk assessments and treatment/disposition planning for adult and child patients in a psychiatric emergency department setting.

Saint Louis University, Psychological Services Center

- **Psychological Trainee** (August 2005-May 2010)
- Supervisors: Honore M. Hughes, Ph.D., Chammie C. Austin, Ph.D., Jillon S. Vander Wal, Ph.D., Jeffrey D. Gfeller, Ph.D., Paul J. Handal, Ph.D.,
- Duties: Providing comprehensive psychotherapeutic and diagnostic services to a diverse array of children, adolescents, and adults. Services include comprehensive psychological and psychoeducational evaluations, report writing, and psychotherapeutic interventions. Clinical services are provided under individual and team supervision with licensed clinical faculty.
- Hours: Ranges from 3–15 hours of client contact and support per week, as well as one hour of individual and two hours of group supervision weekly.

Washington University in St. Louis, School of Medicine, Department of Neurology

- **Psychometrician** (May 2008-May 2010)
- Supervisors: Robert Fucetola, Ph.D., ABPP-CN, Nicole Schwarze, Ph.D., ABPP-CN
- Duties: Administration and scoring of neuropsychological tests to outpatients presenting with epilepsy, stroke, multiple sclerosis, Parkinson's disease, and traumatic brain injuries, as well as conducting organ (i.e., heart) transplant psychological evaluations.
- Hours: 12 hours/week

The Rehabilitation Institute of St. Louis

- **Psychometrician** (May 2008-May 2010)
- Supervisors: Robert Fucetola, Ph.D., ABPP-CN, Nicole Schwarze, Ph.D., ABPP-CN
- Duties: Conducting brief clinical interviews and administration and scoring of neuropsychological tests to inpatients presenting with stroke and traumatic brain injuries.
- Hours: 4 hours/week

St. Louis College of Pharmacy

- **Success Center Counselor** (August 2007-May 2008)
- Supervisor: Phyllis Terry Friedman, Ph.D.
- Duties: Performed psychotherapy with undergraduate students at a small, private, urban college. In addition to psychotherapy, outreach was also performed by creating and running college-wide stress screeners. Clients' ages ranged from 18-21 years and were primarily of Caucasian and Asian decent. Presenting problems ranged from test anxiety to severe interpersonal discord and self-harm behavior.
- Hours: 10 hours/week

Saint Louis University, SLU Plan program

- **Assessment Clinician** (May 2006-August 2007)
- Supervisors: Phyllis Terry Friedman, Ph.D., Jullien Worland, Ph.D.
- Duties: Provided comprehensive psychological and psychoeducational assessments to children and adults. Assessments included conducting initial consultation interviews, providing case-appropriate testing, writing reports, and providing feedback.
- Hours: Each evaluation required approximately 10-20 hours to complete.

HONORS AND AWARDS

- Society of Behavioral Medicine Multiple Health Behavior Change Special Interest Group Student Award (2011)
- Saint Louis University Clinical Psychology Program Outstanding Graduate Student Award (2010)
- Saint Louis University Graduate Student Association Travel Funds Award (Fall 2009)
- Doctoral Oral Examination: Passed with Distinction (October, 2008)
- Saint Louis University Graduate Student Association Travel Funds Award (Spring 2008)
- Masters Oral Examination: Passed with Distinction (August, 2007)
- Central Michigan University President's List (Fall 2003-Summer 2005)
- Central Michigan University Dean's List (Spring 2003-Summer 2005)

- Central Michigan University Undergraduate Student Publication and Presentation Grant (Spring 2005)
- Central Michigan University Department of Psychology Publication and Presentation Grant (Spring 2005)
- Central Michigan University College of Humanities and Social & Behavioral Sciences Student Publication and Presentation Grant (Spring 2005)
- Central Michigan University Office of Research and Sponsored Programs Research Grant (Fall 2004)

TEACHING EXPERIENCE

Behavioral Medicine Seminar, Massachusetts General Hospital/Harvard Medical School, Department of Psychiatry

- **Guest Lecturer** October 2012; September 2013; August 2014
 - “Body Image across Medical Populations: Clinical Implications”

Health Psychology, Simmons College, Psychology Department

- **Guest Lecturer** April 2011; November 2011; April 2012
 - “HIV/AIDS: Perspectives from Health Psychology”

Human Sexuality, Suffolk University, Psychology Department

- **Guest Lecturer** March 2012
 - “Body Image and Sexuality”

Abnormal Psychology, Saint Louis University, Psychology Department

- **Instructor** August 2009-December 2009, January 2010-May 2010
- Responsibilities: Teaching the phenomenology and classification systems to undergraduate students. Activities included creation of syllabus, lectures, presentations, classroom activities, assignments, and exams.

Practicum in Clinical Interventions, Saint Louis University, Psychology Department

- **Instructor** January 2008-May 2008, January 2009-May 2009
- Responsibilities: Taught an introduction to the practice of psychotherapy, including various psychotherapeutic techniques, to first year graduate students. Activities include role playing, viewing instructional videos, class discussion, and creating and grading assignments.

Practicum in Psychopathology, Saint Louis University, Psychology Department

- **Instructor** August 2007-December 2007, August 2008-December 2008
- Responsibilities: Taught phenomenology and classification of mental disorders, case conceptualization, and diagnostic skills to first year graduate students. Activities include role playing, problem-based learning, class discussion, and creating and grading assignments.

Psychopathology, Saint Louis University, Psychology Department

- **Guest Lecturer** November 2007
- “Sexual Disorders”

General Psychology, Saint Louis University, Psychology Department

- **Instructor** January 2007-May 2007
- Responsibilities: Taught an introductory psychology course to undergraduates. Activities included creation of syllabus, lectures, presentations, classroom activities, assignments, and exams.

SERVICE

Grant Reviewer

- National Institutes of Health: AIDS and AIDS-Related Research Fellowship Special Emphasis Panel ZRG1 AARR-C 22 (2013)

Board of Directors

- National Association for Males with Eating Disorders (2014-present)

Editorial Board

- *Body Image* (2013-present)
- *Psychology of Men & Masculinity* (2014-2016)

Ad-hoc Reviewer

- *AIDS & Behavior; AIDS Care; American Journal of Men's Health; Annals of Behavioral Medicine; Archives of Sexual Behavior; Behavior Therapy; Body Image; British Medical Journal; Child Abuse & Neglect; Cognitive & Behavioral Practice; Culture, Health & Sexuality; Developmental Psychology; Drug & Alcohol Dependence; Health Psychology; HIV Medicine; International Journal of Eating Disorders; JAMA Dermatology; Journal of Adolescent Health; Journal of Health Psychology; Journal of Homosexuality; Journal of Psychosomatic Research; LGBT Health; Pediatrics; Psychology, Health, & Medicine; Psychology of Men & Masculinity; Psychosomatics; Sex Roles*

PROFESSIONAL AFFILIATIONS

- Association for Behavioral and Cognitive Therapies (2008-Current)